

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 5-14-19*

In Attendance: Traci Colley, Wendy Duemmler, Kathie Fenner, Jay Jones, Dennis Joyner, Amy Kafitz, Karen Lanier, Dan McCloskey, Jarrod McCraw, Wendy Nielsen, Cindy Payne, Sallie Roberts, Christine Skrutowski, Stephanie Starr, Mark Strickland, Reid Thornburg, Blaire Traywick, Belle Walker.

#### Business:

- 4:00 pm- meeting opened on 5-14-19.
- Minutes from 3-27-19 approved.
- Jay Jones, Weddington High School Principal, had affiliates reach out to him about how vaping impacts schools and how to alleviate or improve the problem. A news piece was done including Dr. Jones, the WDHS SRO, and the Principal from Myers Park High School in Charlotte. Vaping use is skyrocketing. 21 % of high school students and 5 % of middle school students are e-cig users and the number is climbing. Weddington High is asking students who are respected by their peers to do public service announcements about why they aren't vaping. (see link to view news video)
- News link about vaping: [https://www.youtube.com/watch?v=6bbh\\_evBHwo](https://www.youtube.com/watch?v=6bbh_evBHwo)
- Dennis Joyner, UC Health Director, shared recent statistics about the dramatic increase of vaping and e-cig usage across North Carolina. (see attached stats) Current data is new and limited, but what is coming in shows that vaping and e-cig use does cause health effects.
- Jarrod McCraw, Ass't Superintendent of Student Support, shared that stricter changes will be made to the Code of Conduct for students. Possession of vaping paraphernalia on a student will be a 1-5 day suspension for the first offense. If caught vaping in school, it will be a 6-day suspension.
- Wendy Nielsen, Nurse Supervisor, Reviewed 2018-2019 goals and received feedback from the Council about continuing with the goals or coming up with new goals. (see attached 18-19 goals)  
Goal 1: Expand community awareness regarding drug and tobacco/vaping use in Union County. Dr. Jones has spearheaded this effort and made progress, feeling that the trend in his high school is heading downward regarding vaping use. SHAC will continue with this goal in 2019-2020.  
Goal 2: Establish mental health based teams within Union County Public School system. There has been progress in this area, with reports back from different schools. Rapid Response Teams among clusters are also being established as we move forward. SHAC will continue with this goal in 2019-2020.  
Goal 3: Provide "Stop the Bleed" training throughout Union County Public School system to designated staff and students. We have reached this goal. The county has trained hundreds of staff members and students this year, with the minimum being the Emergency Care Teams at schools. Stop the Bleed training will be taught next school year in 9<sup>th</sup> grade health. SHAC will not continue with this goal in 2019-2020.  
ADDITIONAL GOAL FOR 19-20: Train staff in Youth Mental Health First Aid in Union County schools. Belle Walker, Lead Social Worker, has collaborated with Atrium and has become a trainer, as well as the SEL Coordinator and the Lead Mental Health Therapist. They can offer the training for free, as well as receive free materials for the classes.

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- Stephanie Starr, Director of Community Support and Outreach, is collaborating with Novant and Atrium to gather data. Community Health Assessment survey links will be going out to parents and teens, as well as adults and senior adults to gain information on community needs and see what the highest needs of the county are. The results will be categorized by zip code.
- Wendy Nielsen discussed the Healthy Active Children's Policy Report Survey that is required by DPI to be done yearly. Each Principal must sign attestation forms saying that students receive 30 minutes of physical activity a day, and that physical activity is not used as punishment.
- Discussed times and locations for next year. Council agreed will keep it the same.
- Next SHAC meeting will be scheduled for Fall 2019.
- Meeting adjourned at 5 pm.